

# DR. KRISTEN WILLIAMSON

## Corporate Consulting

Neurodivergent employees aren't broken they're often your most innovative, dedicated, and insightful thinkers. But traditional systems weren't built with them in mind. That's where I come in.

As a licensed therapist, behavioral health expert, and late-diagnosed autistic ADHDer, I help organizations reimagine their workplace culture through a neurodiversity-informed, mental health-centered lens.

Whether you're just starting your DEI journey or ready to go beyond surface-level inclusion, I offer consulting that's real, relevant, and rooted in lived experience.



## CONSULTING SERVICES

- ✓ **Neurodivergent Inclusion Audits**
- ✓ **Workplace Accommodations Planning**
- ✓ **Leadership Coaching for Neuro-Inclusive Management**
- ✓ **Team Workshops & Employee Trainings**
- ✓ **Policy & Culture Review**

## IDEAL FOR

HR TEAMS SEEKING  
INCLUSIVE PRACTICES THAT  
GO BEYOND CHECKLISTS

COMPANIES EXPERIENCING  
BURNOUT, TURNOVER, OR  
WORKPLACE CONFLICT

DEI LEADERS READY TO  
UNDERSTAND  
NEURODIVERGENCE WITH  
NUANCE

STARTUPS & NONPROFITS  
LOOKING TO BUILD NEURO-  
AFFIRMING CULTURE FROM  
THE GROUND UP

AS SEEN IN

**Adulting with  
Autism**

**JOEY PINZ  
DISCIPLINE  
CONVERSATIONS**

**Life is Crazy  
Podcast**

**1 IN 31  
CONNECTION  
AUTISM SUMMIT**

# CONSULTING PACKAGES

## ONE-TIME WORKSHOP OR TRAINING

**\$2,500 – \$5,000**

- 60–90 minute live or virtual session
- Includes planning consultation, customized content, and handouts
- Ideal for team training, professional development days, or employee resource groups

## HALF-DAY WORKSHOP/INTENSIVE

**\$5,000 – \$7,500**

- 3–4 hours of live consulting, training, and Q&A
- Pre-session planning call + post-session action guide
- Recommended for leadership teams, DEI strategy days, or org-wide change initiatives

## FULL-DAY CONSULTATION

**\$8,000–\$10,000**

- Includes strategic audit, live workshop, leadership coaching, and custom recommendations
- Optional add-ons

## CLIENT FEEDBACK

Kristen is an amazing guest. She has great energy, is bubbly, and shares about herself and her knowledge in a very articulate and yet fun way.

*Inner Voice - Heartfelt Chat with Dr. Foojan*

Kristen is awesome!! So much knowledge and insight. I very much enjoyed having her on the show and I look forward to hosting her again!

*Brandon Held - Life is Crazy*

# CONTACT DETAILS

Please feel free to contact me for any concerns or questions.



DrKristenWilliamson@protonmail.com



www.empowermindsolutionsllc.com



+1737-275-0321

