

DR. KRISTEN WILLIAMSON

NeuroSpicy Speaker

Dr. Kristen Williamson is a highly-rated speaker and licensed therapist with over a decade of experience supporting neurodivergent individuals, parents, and professionals. As both a clinician and a late-diagnosed autistic ADHDer, Kristen brings raw honesty, humor, and insight to every stage she steps on. She works with individuals, groups, and organizations to challenge outdated norms, amplify authenticity, and help people build lives and workplaces that actually make sense for their brains.



SIGNATURE TOPICS

- ✓ What Autism and ADHD Really Look Like in Adults
- ✓ How to Stop Masking and Start Being Yourself
- ✓ Why Neurodivergent Burnout Feels Different
- ✓ Creating a Life That Feels Like Yours
- ✓ Prioritizing Mental Health in the Workplace

DOCTORATE IN
BEHAVIORAL HEALTH
MANAGEMENT

10+ YEARS IN MENTAL
HEALTH WORLD

DUAL PERSPECTIVE

SPEAK FROM LIVED
EXPERIENCE

AS SEEN IN

Adulting with
Autism

COUPLES
THERAPY IN
SEVEN WORDS

Complex Kids,
Simple
Solutions

1 IN 31
CONNECTION
AUTISM SUMMIT

COLLABORATION PACKAGES

VIRTUAL SPEAKING ENGAGEMENT

- \$1,500

- 60–75 minute virtual presentation via Zoom or platform of choice
- Live Q&A or chat facilitation
- Access to slide deck or resource PDF for attendees

HALF-DAY WORKSHOP OR TRAINING- \$3500-\$5000

- Up to 3 hours of content (can be divided into 2 sessions)
- Interactive tools, worksheets, or reflection guides
- Post-event resource handout
- Follow-up consult call with leadership (30 minutes)

KEYNOTE

EXPERIENCE-\$1500-\$3000

- 45–60 minute keynote talk
- 15-minute live Q&A
- Pre-event planning call

CLIENT FEEDBACK

Kristen is an amazing guest. She has great energy, is bubbly, and shares about herself and her knowledge in a very articulate and yet fun way.

*Inner Voice - Heartfelt Chat
with Dr. Foojan*

Dr. Kristen was an amazing guest!! She has a great energy and passion for autism, inclusion and neurospicy (neurodivergence) which shines through when she is speaking!! She shared many tips and pieces of information that my listeners will find helpful!!

*Inclusion and Disability
Advocacy from a Parent's
Perspective: The Inclusive Dad
Podcast*

CONTACT DETAILS

Please feel free to contact me for any concerns or questions.



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